

The Lady Pheasant

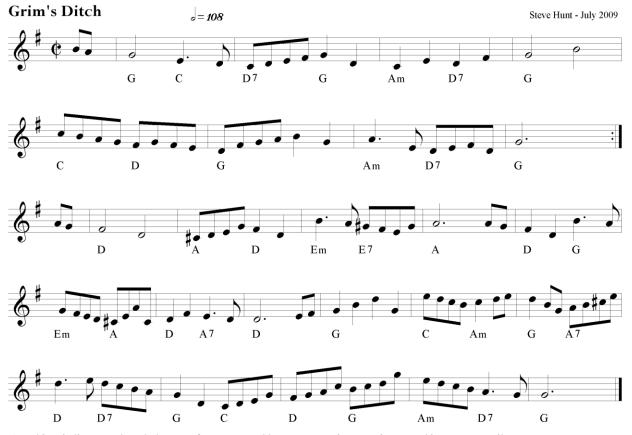
Formation: Longways, duple minor Dance: Nikki Herbst (2015); Music: "Grim's Ditch" by Steve Hunt (2009)

- A1 1-4 1s cast down to face each other in 2nd place in a line of 4 across, 1s setting to partner at end of phrase, while 2s set to partner at beginning of phrase and then cast onto the ends of the line, facing in.
 - 1s pass R., then 1s & 2s pass L., 1s then looping L. into 2nd diagonal positions (man up, woman down) and turning L. to face up (W1) or down (M1) along the line *while* 2s pass R. and continue into 1st diagonal positions (woman up, man down), staying facing up (W2) or down (M2).

A2 1-4 With 2s in the lead moving along the lines, dance up (women) or down (men) a double. All cast L. (away from set) to form a diamond with 2s on the outside facing in, 1s along the center line facing up (W1) or down (M1).

- 5-8 Hands in diamond, set to R. & L., then all cast R. one position, turning over R. shoulder ("Petronella turn").
- B 1-4 1s turn single to face each other in the center of a line of 4 across, setting to partner at end of phrase, while 2s move to the ends of the line, facing in, M2 casting over L. shoulder to end behind M1, W2 moving between the 1s and casting R. around W1.
 - 5-8 Using 2 steps per change, middles only R.H. turn halfway to face ends, middles & ends L.H. turn halfway, middles only R.H. turn halfway, middles & ends L.H. turn halfway. All face up (W2 & M1 do a quick flip at end of the L.H. turn).
 - 9-16 Lines go forward a double. With 1s moving forward, gate into progressed places and all cross with partner, turning R. to face in.

The following at half note = 76 rather than 108



A prehistoric linear earthwork that runs from near Rockbourne to Martin Down in Hampshire - some 3 miles